



## **KENT ESTUARY CATHOLIC CHURCHES**

*Our Lady of Lourdes, Arnside  
St Charles & St Cuthbert, Grange  
Christ the King, Milnthorpe*

*YouTube, Facebook : Please search for  
Kent Estuary Catholic Churches. Website:  
<https://www.kentestuarycatholicchurches.co.uk>*

## **EIGHTEENTH SUNDAY IN ORDINARY TIME 4<sup>th</sup> AUGUST 2024**

### **This Sunday's Scripture**

Christ is the bread of life. Jesus wants us to find the bread that lasts, bread that feeds the soul: He wants us to come to Himself. This means renewing our minds by a spiritual revolution, so that we see the value of what Jesus offers, rather than search after material things alone. He says: "work for the food that endures to eternal life"

### **Transfiguration**

Tuesday: Jesus is transfigured and is seen as the glorious being He really is. He shone like the power of the sun. The response of the apostles is awe and wonder, with fear. Tuesday is also the anniversary of the dropping of the first atomic bomb on Hiroshima. We reflect on the way that we warp and misuse God's creation and ask that we will always use His world for the good of mankind.

### **KECC News:**

**Mockery of Christianity:** We join with Catholics and many Christians throughout the world in a short act of reparation this Sunday for an act of "gross mockery" of Jesus and the Christian faith. The opening ceremony of the Olympic games contained a tableaux which included "scenes of mockery and derision of Christianity" aimed at the Mass, the Eucharist and Our Lord Himself. The response of our faith is to make reparation in common with Christians throughout the world, and to pray for souls involved in thinking up such a gross insult. I invite you to say during the Mass the following prayer:

**Most Holy Trinity, Father, Son, Holy Ghost, I adore You profoundly. I offer You the most precious Body, Blood, Soul and Divinity of Jesus Christ, present in all the tabernacles of the world, in reparation for the outrages, sacrileges and indifference with which He Himself is offended. Through the infinite merits of His most Sacred Heart, and the Immaculate Heart of Mary, I beg of You the conversion of poor sinners. Amen**

## **GRANGE News:**

### **Contemplative Prayer Group:**

Held on Thursdays in Presbytery sitting room at 2pm.

**Morning Prayer in church 10am Thursdays and Fridays** followed by Rosary on Thursdays and by Adoration (Exposition) on Fridays.

**Ladies' Lunch:** The next Ladies' Lunch will be held at the Pheasant Inn, Allithwaite on Wednesday, August 7<sup>th</sup>, 12 noon for 12.30. Please sign the list in the church porch if you wish to attend.

## **MILNTHORPE News:**

**House Group in Yealand.** Meets every 1<sup>st</sup> and 3<sup>rd</sup> week of the month, Tuesday or Thursday. Also a purely social gathering every 3 months. Contact Sioban (07803 967617) or Deirdre (07468 535830).

**Christ The King church can be open for private prayer** at any time. ask Fr Philip or any member of the PPC for the door lock codes. (PPC members and contact details on noticeboard in entrance hall).

**Parish Finance Group** meeting, Arnside, 7.00pm Thursday 8<sup>th</sup> August. This is an important meeting and all members are urged to attend.

## **ARNSIDE News:**

**Our Lady of Lourdes** open for private prayer daily. 10am - 4pm.

**Adoration:** Adoration before the Blessed Sacrament at 2pm, followed by the Rosary, every Tuesday.

## **ECUMENICAL News**

### **Grange Churches Together:**

Praise on the Prom each Sunday in August. 4.30-5.30pm near Clare House railway bridge.

### **Please pray for those of our parishes who are sick:**

Geoff Critchley, Michael Carter, Pam Gee, Brian Mills, Eileen Parker, John Browne, Jenny Hodkinson, David James, Angela Taylor, Philip Barry, Cathy Mayes, Alan Wild, Pat Duckett, Monica Farnworth, Frank Jordan, Geoff Guy, Ira Fishman, George Inchmore, Alex Davies, Mary Wainwright.

**Please also pray** for those whose anniversaries occur about this time.

**Thanks:** I thank Mgr. Slattery for celebrating the parish Masses on Thursday and Friday at Arnside and Milnthorpe this week. I am taking a short break.  
*Fr. Philip*

**Next Sunday:** collection for the SURVIVE/MIVA fund.

### **UPCOMING EVENTS AT BOARBANK HALL:**

- A week on Care for Creation (5<sup>th</sup> – 12<sup>th</sup> October)
- Advent Hope in Health weekend (6<sup>th</sup> – 8<sup>th</sup> December)

All the events combine talks, prayer, time outdoors and social time. For more information, see [www.boarbankhall.org.uk/whats-on/](http://www.boarbankhall.org.uk/whats-on/) or email Sr Margaret Atkins on [margaret@boarbankhall.org.uk](mailto:margaret@boarbankhall.org.uk).

### **UPCOMING EVENTS AT CASTLERIGG:**

**Castlerigg Manor Open Day:** Sunday September 15<sup>th</sup> . Doors open at midday. Mass with Bishop Paul at 3pm.

**Two open weekends for adults and families** - providing a chance to get away from it all and enjoy Keswick and the Lakes: **September 6<sup>th</sup> – 8<sup>th</sup>** and **September 27<sup>th</sup> – 29<sup>th</sup>** : There will be Mass on site plus a quiz night for the adults.

Book online at [www.castleriggmanor.com](http://www.castleriggmanor.com) or call 017687 72711

**Annual Pilgrimage to the Diocesan Shrine of Our Lady of Lourdes at Cleator** on Sunday 8<sup>th</sup> September 2024. The principal celebrant and preacher will be Bishop Paul Swarbrick. For further details: contact St Mary's Priory, Cleator, tel 01946 810324 or email [stmandstj@gmail.com](mailto:stmandstj@gmail.com).

# MASS SERVICES AND INTENTIONS

## EIGHTEENTH SUNDAY in ORDINARY TIME

Sat Vigil	3 Aug	5.30pm	Arnside	People of the Parish
Sun	4 Aug	9.00am	Grange	People of the Parish
Sun	4 Aug	10.30am	Milnthorpe	Lilian Bolton Anniversary
Mon	5 Aug	10.00am	Grange	Deceased of Buckleton Family
Tues	6 Aug	10.00am	Grange	NO MASS
Wed	6 Aug	10.00am	Grange	Eucharistic Service
Thurs	8 Aug	10.00am	Arnside	Private Intention (FS)
Fri	9 Aug	10.00am	Milnthorpe	Private Intention (FS)
Sat	10 Aug	10.00am	Grange	

## NINETEENTH SUNDAY in ORDINARY TIME

Sat Vigil	10 Aug	5.30pm	Arnside	
Sun	11 Aug	9.00am	Grange	People of the Parish
Sun	11 Aug	10.30am	Milnthorpe	People of the Parish

All Masses and other services normally streamed from Grange and Milnthorpe.

### Confessions:

No confessions this week (i.e. week commencing 5<sup>th</sup> August).

**Clergy:** Parish Priest Fr Philip Smith Tel 015395 32731

Deacon: Rev J Pryzlucki Tel 015395 58161

**Safeguarding Officers:** Grange: Ralph Gerrard - Tel 015395 33189.

Milnthorpe & Arnside: Greg Tagney - Tel 01524 761557.

### **Church Hall Rental Enquiries:**

St. Charles Borromeo, Grange - Diane Holmes Phone: 07788 874123 Email:

[dianejayholmes@gmail.com](mailto:dianejayholmes@gmail.com)

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