



## **KENT ESTUARY CATHOLIC CHURCHES**

*Our Lady of Lourdes, Arnside  
St Charles & St Cuthbert, Grange  
Christ the King, Milnthorpe*

**served from Holy Trinity & St George Kendal**

*YouTube, Facebook : Please search for  
Kent Estuary Catholic Churches. Website:  
<https://www.kentestuarycatholicchurches.co.uk>*

## **Third Sunday of Lent : 23<sup>rd</sup> March 2025**

### **This Sunday's Scripture:**

Today we hear the parable of the fruitless fig tree. We learn that God requires us to be fruitful spiritually if we are to keep our place in the kingdom, or vineyard of God. Salvation is not automatic. But we also remember that God is compassion & love. He is the one who is always present for us. "I am who am". He is close to us in the person of Jesus; We come back to God who is generous and welcoming and supportive.

**GOSPEL ACCLAMATION DURING LENT: Praise to you, O Christ our Saviour, Word of the Father, calling us to life. Son of God, who leads us to freedom, Glory to You, Lord Jesus Christ!**

**Stations of the Cross** 3pm Milnthorpe Sunday 23<sup>rd</sup> March and 3pm Arnside Sunday 30<sup>th</sup> March. Stations of the Cross at Grange are on Fridays at 3.00pm.

## **6-WAY NEWS ....**

**Joint Parish Big Lent Walk** - Why not join us for our Joint Parish Big Lent Walk between our churches in Arnside, Grange (**catch the 11:23 train from Grange to Arnside**) and Milnthorpe (4 miles each way) on **Saturday, April 5<sup>th</sup>**? And join our Hunger Lunch at 1:15 in Milnthorpe, raising funds for CAFOD. **Starting from Arnside at 11:10am.** Contact Irene Wild, Greg Tagney 07776 252937 or Julia Lucas for more information.

**CHRISM MASS- 11.30am at Lancaster Cathedral on HOLY THURSDAY 17 APRIL.** Please consider attending this lovely Mass, during which the sacramental Holy Oils for our churches are consecrated, and our priests re-dedicate themselves to God's service. If there is sufficient interest, we might be able to hire a coach, to share with our sister churches. Please sign the list if interested.

**Coach pilgrimage to St Mary's, Cleator** on Saturday 21<sup>st</sup> June 2025, this is open to our six churches. See poster on noticeboard.

## **PRAYER AND PRAISE- Sun 6 April - 4.30 pm at CTK, Milnthorpe.**

Prayer, Scripture, guided meditation, song and chant- on the theme of “ God’s Light”. Refreshments after. Invite a curious friend? And a special invitation to our sister churches in Grange, Kendal, Sedbergh and Kirkby Lonsdale.

### **GRANGE News:**

**CONFESSIONS** are available immediately after Mass on the last Tuesday of each month (Or by private arrangement with Fr Simon or Fr Hugh).

**St Charles’ church open** 9.30am - 4.30pm Monday to Saturday.

**Contemplative Prayer Group:** Thursdays at 2pm in the Presbytery.

**Morning Prayer in church 10am Thursday** followed by Rosary. **10am**

**Friday** followed by Adoration (Exposition).

**SVP:** meet on the second and fourth Wednesday of each month.

**STATIONS OF THE CROSS - LENT 2025 ...** Stations of the Cross at St.

Charles will take place on Fridays at 3.00pm. Anyone wishing to lead a service, please put your name on the list in the sacristy.

**Lent Study Course on the penitential psalms:** Mondays 2.00pm to 3.00 pm in Fr Magner room. 24<sup>th</sup> March Psalm 51; 31<sup>st</sup> March Psalm 143; 7<sup>th</sup> April Psalm 130. Bring a bible, or book of psalms.

**LENT LUNCHES:** Dates and venues for this year are as follows - March 28<sup>th</sup> Boarbank Allithwaite; April 4<sup>th</sup> St. Paul's Grange; April 11<sup>th</sup> St. John's Flookburgh. All are 12.00 noon to 1.15pm with a short time of devotions 1.00 - 1.15pm. Proceeds to The Leprosy Mission.

**EASTER CARDS ...** A selection of Easter cards and also Lent and Easter literature is now available in the porch at St. Charles' church.

**The next Coffee Morning** will be at Thornleigh, The Esplanade, Grange on the fourth Tuesday, 25<sup>th</sup> March from 10.35am onwards. All welcome, men especially.

**Ladies Lunch: Wednesday 2<sup>nd</sup> April** at the Hare and Hounds, Levens – 12 noon for 12.30. Please sign the list in the porch if you wish to attend.

**Missio** Red Boxes are overdue to be emptied. Please give to Eric after Mass on Sunday, or contact him on 34487. Thank you.

### **MILNTHORPE News:**

**House Group (CTK):** meets twice a month, usually Tuesdays, 7-9pm at Sioban’s home in Yealand. Every 5th or 6th meeting is a social one. If interested in joining us please contact Sioban (07803 967617) or Deirdre (07468 535830).

**Christ The King church can be open for private prayer** at any time. ask any member of the PPC for the door lock codes. (PPC members and contact details on noticeboard in entrance hall).

**Lenten Appeal:** Please support **Milnthorpe Area Food Bank** during Lent. If you can donate one item per week, that would be fantastic. Collection boxes at CTK and OLOL.

## **ARNSIDE News:**

**Our Lady of Lourdes** open for private prayer daily. 10am - 4pm.

**Adoration:** Adoration before the Blessed Sacrament at 2pm, followed by the Rosary, every Tuesday.

**There will be Mass or a Eucharistic service** at 10.00am on Tuesdays, Wednesdays and Thursdays, at Our Lady of Lourdes Arnside.

**Last Chance** to bring your Missio Red Boxes to Wilf - **Saturday 22nd March.**

## **ARNSIDE CHRISTIANS TOGETHER**

**Lent lunches** 12.30 - 1.45pm at Our Lady of Lourdes Church, This year the theme will be a look at the sacraments. Wednesday 19<sup>th</sup> and 26<sup>th</sup> March and Wednesday 2<sup>nd</sup> and 9<sup>th</sup> April. Tea/Coffee will be provided, bring your own lunch. Please support us.

### **Holy Week ...**

"**Compline**" service on consecutive nights in our three churches at 7.00pm Monday 14<sup>th</sup> April at Our Lady of Lourdes; Tuesday 15<sup>th</sup> April at St. James; Wednesday 16<sup>th</sup> April at Methodist. A gentle reflective service for **Holy Week**. Please join us for any or all.

### **Good Friday. Stations of the cross including a "Walk of**

**Witness"** between the churches carrying the life size cross. Depending on the weather it may also include the pier. Starting at 10am in Our Lady's, then the Methodist and finishing at St. James' where the cross will remain until Sunday morning. **Friday evening 7.00pm** Good Friday reflective service in front of the cross at St James'. A quiet time of recollection.

**Easter Morning** sunrise service on the Knott c. 5.45 am. The cross will be carried from St. James' and set up in the lower pasture.

### **Please pray for those of our parishes who are sick:**

Geoff Critchley, Michael Carter, Pam Gee, Brian Mills, Eileen Parker, John Browne, David James, Angela Taylor, Philip Barry, Alan Wild, Pat Duckett, Monica Farnworth, Geoff Guy, Ira Fishman, Mary Wainwright, Bernard Walker, Alex Davies, Margaret and Burt Wilson, Margaret Godfrey, Peter Clough, Barbara Hunt, Angela Nottingham. **Please also pray for those whose anniversaries occur about this time.**

### **NATIONAL COLLECTION for the Jubilee 2025 ...**

A special collection will be taken this weekend of 22<sup>nd</sup>/23<sup>rd</sup> March in parishes across England and Wales, dedicated to supporting the Jubilee initiatives and projects of the Catholic Shrine and Basilica of Our Lady at Walsingham. These initiatives aim to enhance the Jubilee pilgrim experience and further the spiritual mission of the Shrine.

**Time for Peace at 10:30 on Friday 28<sup>th</sup> March.** Please join Cartmel Quakers for half an hour of silent worship, followed by refreshments and fellowship.

**Stillness & Song:** A quiet and reflective service with songs from Taizé. **6pm - 7pm 13<sup>th</sup> April** at Grange Methodist Church.

## MASS SERVICES AND INTENTIONS

### Third Sunday of Lent

Sat Vigil	22 Mar	5.30pm	Arnside	People of the Parish
Sun	23 Mar	9.00am	Grange	Rob Hackeson RIP (7/25)
Sun	23 Mar	10.30am	Milnthorpe	People of the Parish
Sun	23 Mar	3.00pm	Milnthorpe	Stations of the Cross
Mon	24 Mar	10.00am	Grange	--
Tue	25 Mar	10.00am	Grange	--
Tue	25 Mar	10.00am	Arnside	Mass or Eucharistic Service †
Wed	26 Mar	10.00am	Grange	Eucharistic Service
Wed	26 Mar	10.00am	Arnside	Mass or Eucharistic Service †
Thurs	27 Mar	10.00am	Grange	Morning Prayer followed by Rosary
Thurs	27 Mar	10.00am	Arnside	Mass or Eucharistic Service †
Fri	28 Mar	10.00am	Milnthorpe	Ron Fuller LD RIP (25/5)
Fri	28 Mar	10.00am	Grange	Morning Prayer followed by Exposition
Fri	28 Mar	3.00pm	Grange	Stations of the Cross

### Fourth Sunday of Lent

Sat Vigil	29 Mar	5.30pm	Arnside	In Thanksgiving (for our Guardian Angels) (25/6)
Sun	30 Mar	9.00am	Grange	People of the Parish
Sun	30 Mar	10.30am	Milnthorpe	People of the Parish
Sun	30 Mar	3.00pm	Arnside	Stations of the Cross

† Mass if a priest is available, otherwise Eucharistic Service.

**Kent Estuary Catholic Churches Parish Office (for all enquiries)**  
email: [ctkollcc@gmail.com](mailto:ctkollcc@gmail.com); tel: 015395 32731

**Clergy:** Canon Hugh Pollock VG and Fr Simon Marley : Tel 015397 20063

Deacon: (Grange) Rev J Pryzlucki Tel 015395 58161

Deacon: (Kendal) Rev G Bissett Tel 015395 34142

**Safeguarding Officers:** Grange: Ralph Gerrard - Tel 015395 33189.

Milnthorpe & Arnside: Greg Tagney - Tel 01524 761557.

**Church Hall Rental Enquiries:**

St. Charles Borromeo, Grange - Diane Holmes - Phone: 07788 874123 Email:

[dianejayholmes@gmail.com](mailto:dianejayholmes@gmail.com)

Christ the King, Milnthorpe - Christine Atkinson - Phone: 015395 62326 Email:

[nannanostairs@gmail.com](mailto:nannanostairs@gmail.com).

Admin Office Hours: Tuesdays and Thursdays 9.30am – 12.30pm

Presbytery, St Charles & St Cuthbert RC Church,

Kents Bank Road, Grange over Sands LA11 7EY

Tel 015395 32731 email: [ctkollcc@gmail.com](mailto:ctkollcc@gmail.com)

**PASTORAL EMERGENCIES:**

**Contact Holy Trinity & St George RC Church, Kendal**

**Tel: 015397 20063**