



KENT ESTUARY CATHOLIC CHURCHES

*Our Lady of Lourdes, Arnside
St Charles & St Cuthbert, Grange
Christ the King, Milnthorpe*

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<https://www.kentestuarycatholicchurches.co.uk>*

FIFTH SUNDAY OF LENT 17th March 2024

This Sunday's Scripture:

The first reading states that God wants a religion written on the hearts of believers, rather than religion seen as an external set of rules. Jesus shows what religion of the heart means. It means dying to self and living for God and for others in self-sacrificing service. When we lay down our lives in service of others, then we will produce the rich harvest.

KECC News:

Be Reconciled: Know the peace of Christ in your heart this Lent. Reconciliation services on Wednesday 20th March at St Charles, Grange at 3.30pm and at Christ the King, Milnthorpe at 7.00pm. Those attending will be invited to come forward to make a confession in short form, mentioning any sins they wish to be forgiven just as a heading. It will be followed by exposition of the Blessed Sacrament, an opportunity to receive the sacrament of the sick, and a final Benediction.

"The vocation of the Laity". Teaching day led by Sr Margaret Atkins at Boarbank. **Saturday 20th April.** See timetable on noticeboard and sign-up sheet.

Safeguarding: ALL volunteers within the Church will be required to complete some level of safeguarding training. **All Volunteers:** Please take a leaflet on safeguarding and read it. If you have any questions, please ask our safeguarding officers (below). Complete the simple record, on sheets at the back of the church:

Safeguarding Officers: Grange: Ralph Gerrard - Tel 015395 33189.
Milnthorpe & Arnside: Greg Tagney - Tel 01524 761557.

Please pray for those of our parishes who are sick: Geoff Critchley, Michael Carter, Pam Gee, Stella Naylor, Brian Mills, Eileen Parker, John Browne, Jenny Hodkinson, Kathleen Lavin, David James, Angela Taylor, Philip Barry, Cathy Mayes, Alan Wild, Doreen Wadland, Pat Duckett, Monica Farnworth, Frank Jordan, Geoff Guy, Ira Fishman, George Inchmore, Alex Davies, Mary Wainwright.

Also please pray for those whose anniversaries occur about this time.

GRANGE News:

Contemplative Prayer Group: Thursday in Presbytery sitting room at 2pm.

Morning Prayer in church 10am Thursdays and Fridays followed by Rosary on Thursdays and by Adoration (Exposition) on Fridays.

Baptism: We welcome into the family of the church, Elspeth Catherine Young, daughter of Mark & Hannah. She is to be baptised at the 9.00am Mass this Sunday at St Charles Grange.

Confirmations: Please pray for our 5 young people preparing for Confirmation at Pentecost in the Cathedral. They are Nina, Sophie, Alicja, Bartek and Raphael.

LADIES' GROUP LUNCH .. The next Ladies' Lunch will be on Wednesday 3rd April 12noon for 12.30 at the Pheasant Inn, Allithwaite. Those interested in attending, please sign list in church porch.

MISSIO ... RED BOXES ... There are still 12 red boxes which have not been handed in for emptying. Eric is away this weekend, so can you please leave your boxes in the sacristy for him to pick up. Thank you.

Liturgy Courses by Maria Hall: Several parishioners have requested that the courses be run at St Charles. We would like to know how many people would be interested in attending. There is a sheet at the back of the church listing the courses offered. These courses are very visual and extremely interesting and informative. Comments from those who attended the recent course on the Triduum ... *"This was a reawakening of faith and where our faith stems from"; "Absolutely brilliant!"; "Would wholeheartedly recommend"*.

MILNTHORPE News:

House Group in Yealand. Meets every 1st and 3rd week of the month, Tuesday or Thursday. Also a purely social gathering every 3 months. Contact Sioban (07803 967617) or Deirdre (07468 535830) if interested.

Christ The King church can be open for private prayer at any time. Please ask Fr Philip or any member of the PPC for the door lock codes. (PPC members and contact details on noticeboard in entrance hall at CTK).

Streaming: the streaming at Christ the King is off at the moment, but will be restored as soon as possible. The camera needs some technical adjustments.

Parish Pastoral Council (PPC): It is time for 3 members of the PPC to stand down and be replaced by other members of the parish community. Please consider volunteering to be part of this essential group. Speak to Fr. Philip or to any member of the PPC. Meetings are monthly at 7pm at Arnside. Date to be advised.

Please note that the next 2 Parish Pastoral Councils/Parish Leadership Team meetings after Easter will take place at Arnside (not Milnthorpe).

PARISH SITE MANAGER: This a new dual role entitled: *Parish Site Manager/Health & Safety Representative*. Any problems at either church are to be referred to Wilf Gill in the first instance please by email at wilfmag.gill@hotmail.co.uk or by telephone 078780 140 145. It is also imperative that any work at either church by a volunteer or tradespersons who is

brought in to do any work is discussed with Wilf Gill beforehand please, to ensure he knows what is to be done and by whom so that we can ensure that H&S Regs are always followed, to keep everyone safe, Fr Philip out of the Bishop's Office and the Bishop out of prison. I am also seeking the help of a volunteer assistant please - 2/3 hours a week. Many thanks, Wilfred Gill.

ARNSIDE News:

Our Lady of Lourdes Arnside open for private prayer daily. 10am - 4pm.

Adoration: Adoration before the Blessed Sacrament at 2pm, followed by the Rosary, every Tuesday at Our Lady of Lourdes.

Tea & Coffee served after mid-week morning Masses at Arnside, 10.30 to 11am (usually Tues, Wed and Thur). All are welcome to join us.

ECUMENICAL News:

Arnside Lent Lunches: Including scripture readings for discussion, in Our Lady of Lourdes, Arnside, 12:30 -1:30. **28th February, 6th, 13th and 20th March.**

Grange Lent Lunches: **23rd February** St. Paul's, Grange; **1st March** St. Mary's, Allithwaite; **8th March** URC, Grange; **15th March** St. Charles, Grange; **22nd March** Methodist Church, Grange. All lunches 12 noon - 1.00pm with a short prayer time at 1.00pm Proceeds this year will go to The Leprosy Mission.

Cartmel Quakers will be holding a short meeting at the Meeting House on Hags Lane on **Friday 22 March at 10:30 am**, focusing on the current conflicts around the world. Half an hour of silence will be followed by time to share thoughts, over a cup of tea or coffee. **Everyone is very welcome.**

Sunrise Service 6:45 am on Easter Sunday - Hampsfell Road car park. (Grange). Service followed with hot cross buns at St Paul's.

WEDNESDAY OF HOLY WEEK 27th March, 12:30 -2:00 SOUP LUNCH in the Methodist Church, Grange.

MONDAY, TUESDAY, WEDNESDAY of HOLY WEEK: COMPLINE at 6pm. In each of the three churches. **MONDAY** Our Lady of Lourdes, **TUESDAY** the Methodist Church, **WEDNESDAY** St. James Church. (Arnside)

GOOD FRIDAY 10am service in Our Lady of Lourdes. Followed by the walk of witness to the services in the Methodist Church and St.James. (Arnside)

GOOD FRIDAY EVENING: Time for reflection based on the Tenebrae Services. 7:00pm St. James Church. (Arnside)

Parish CAFOD Big Lent walk - Thank you for all your support for this event last weekend. 15 people set off, (age 6 to over 80), with 2 dogs. In total over 130 km were walked as a parish and over £300 raised.

“A Year in the Life of Three Country Churches” I ask parishioners to take and contribute their parish photos to this scrap book (always ask permission). We wish to document our people doing their ministries e.g. flowers, church cleaners, council meetings, readers etc., and also to document events. Please forward photos by the parish e-mail, or contact Jean Birch with any questions (tel. 015395 61451). *Fr. Philip*

COLLECTION FOR EASTER FLOWERS - ST. CHARLES

There will be a collection on SUNDAY 17th and SUNDAY 24th MARCH for Easter flowers to beautifully decorate our church for the great feast of Easter.

Eucharistic Ministers: Would those unable to attend the meeting last Saturday please pick up their documents. Read them carefully, especially “Good principles when visiting vulnerable adults”. These principles should be followed carefully. They make clear the boundaries you should follow on home visits, and so protect both the person visited and yourself from misunderstandings which can be serious.

MASS SERVICES AND INTENTIONS

FIFTH SUNDAY OF LENT

Sat Vigil	16 Mar	5.30pm	Arnside	In thanksgiving: Wilson Family
Sun	17 Mar	9.00am	Grange	People of the Parish (Baptism Elspeth Young)
Sun	17 Mar	10.30am	Milnthorpe	People of the Parish
Sun	17 Mar	3.00pm	Milnthorpe	Stations of the Cross
Mon	18 Mar	10.00am	Grange	
Tues	19 Mar	10.00am	Grange	Holy Souls
Wed	20 Mar	10.00am	Grange	Eucharistic Service
Wed	20 Mar	3.30pm	Grange	Reconciliation & Anointing Service
Wed	20 Mar	7.00pm	Milnthorpe	Reconciliation & Anointing Service
Thur	21 Mar	10.00am	Arnside	
Fri	22 Mar	10.00am	Milnthorpe	Holy Souls
Fri	22 Mar	3.00pm	Grange	Stations of the Cross
Sat	23 Mar	10.00am	Grange	

PALM SUNDAY of the PASSION of the LORD

Sat Vigil	23 Mar	5.30pm	Arnside	
Sun	24 Mar	9.00am	Grange	
Sun	24 Mar	10.30am	Milnthorpe	People of the Parish
Sun	24 Mar	3.00pm	Arnside	Stations of the Cross

All Masses and other services normally streamed from Grange and Milnthorpe.

Confessions: Tues: 9.30am – 9.50am Grange; Thurs: 9.30am – 9.50am Arnside; Fri: 9.30am – 9.50am Milnthorpe. Also by arrangement with Fr. Philip.

Clergy: Parish Priest Fr Philip Smith Tel 015395 32731

Deacon: Rev J Pryzlucki Tel 015395 58161

Safeguarding Officers: Grange: Ralph Gerrard - Tel 015395 33189.

Milnthorpe & Arnside: Greg Tagney - Tel 01524 761557.

Email: ctkollcc@gmail.com

Admin Office Hours: Tuesdays and Thursdays 9.30am – 12.30pm
Presbytery, St Charles & St Cuthbert's RC Church, Kents Bank Road,
Grange over Sands LA11 7EY