



KENT ESTUARY CATHOLIC CHURCHES

*Our Lady of Lourdes, Arnside
St Charles & St Cuthbert, Grange
Christ the King, Milnthorpe*

served from Holy Trinity & St George Kendal

*You Tube, Facebook : Please search for
Kent Estuary Catholic Churches. Website:
<https://www.kentestuarycatholicchurches.co.uk>*

3rd SUNDAY of ADVENT (Gaudete Sunday) 15th December 2024

This Sunday's Scripture

Gaudete or Rejoicing Sunday. The scriptures are hopeful. Rejoice because God is expected. He is on our side to fight for us against the evils that threaten us; He is near, in our midst; and he will be revealed to those who expect Him; He will be Good News because He will light up our lives with a new Spirit and a fire in our hearts. Rejoice!

The Sacrament of Reconciliation (Confession) is available at the Cathedral on Saturdays 11am - 12 noon and at St Mary of Furness Ulverston after Saturday Mass, which is at 1800. Also Saturdays at Holy Trinity & St George, Kendal, 10am - 11am and Adoration.

Advent Penitential Service will be held at St Charles, Grange on Tuesday 17th December at 6pm. An opportunity to prepare our souls for the coming of our Saviour on Christmas Day. All welcome.

GRANGE News:

DEATH: Please pray for the repose of the soul of **Val Malone**, who died on Wednesday. *May her soul and the souls of all the faithful departed, through the mercy of God, rest in peace. Amen.*

St Charles' church open 9.30am - 4.30pm Monday to Saturday.

Building Security: The lock on the ramp door to the Fr Magner Room is being replaced. A key to the new lock will be in the key box until numbered keys have been issued to all essential users. The key box will then be removed.

Give Life this Christmas: SVP appeal for funds for our baby feeding stations in South Sudan. Any amount will be gratefully accepted. Gift aided donations **MUST** be by cheque made out to "SVP Twinning", and accompanied by a form, which you can get from Liz Lewis. See me at Mass, or call me on 34017.

Contemplative Prayer Group: Thursdays 2pm in Presbytery sitting room.

Morning Prayer in church 10am Thursday followed by Rosary. **10am Friday** followed by Exposition.

Wednesday 18th December 7.00pm - Advent Service of Light and Readings at St Charles' Church, Grange, followed by mulled wine and mince pies.

Sunday 22nd December 3.00pm - Service of Carols and Readings at St Charles' followed by mulled wine and mince pies.

Christmas Decorations In St. Charles: (Poinsettia Plants)

Anyone wishing to donate a poinsettia plant in memory of loved ones, please bring to church on Saturday 21st, Sunday 22nd or Monday 23rd December, and leave on the floor in St. Joseph's chapel. There will be a remembrance list at the back of church for names of loved ones to be written.

Diocesan Directories 2025 on sale at back of church - £6.00. Money should be put in the "Magazines and Periodicals" box in church porch.

The rota for transporting Fr Hugh on Sundays is on the notice board in the porch.

MILNTHORPE News:

House Group (CTK): meets twice a month, usually Tuesdays, 7-9pm at Sioban's home in Yealand. Every 5th or 6th meeting is a social one. If interested in joining us please contact Sioban (07803 967617) or Deirdre (07468 535830) .

Christ The King church can be open for private prayer at any time. ask any member of the PPC for the door lock codes. (PPC members and contact details on noticeboard in entrance hall).

CAFOD World Gifts for Christmas: Buying CAFOD's virtual World Gifts makes a real difference to those facing the injustice of poverty around the world. Beautifully illustrated cards, each representing a gift of hope, inspired by real people and real needs. Cards can be sent by post, as an eCard, or printed at home. Purchase World Gifts at worldgifts.cafod.org.uk or pick up a catalogue in church.

Parish World Gift for Advent - Please help the Parish purchase a Medical Outreach Team from CAFOD World Gifts to support some of the World's most vulnerable people this Christmas. The target is £300 – Cash only donations please.

MILNTHORPE FOOD BANK - Christmas Appeal - We would like donations of Christmas food items to include in deliveries. E.g. mince pies, Christmas cake, sweet/savoury biscuits or snacks, chocolates, sweets. Christmas items MUST be donated by 15th December. Thank you.

There is a supply of Christmas cards available for sale at the back of Christ the King Church.

Christians Carol Singing in Milnthorpe:

Please join us to sing Christmas carols in the Milnthorpe pubs. **Friday 20th December.** 6.50pm - meet at St Thomas' ... 7.00pm - The Coach & Horses ... 7.30pm - The Bulls Head.

ARNSIDE News:

Our Lady of Lourdes open for private prayer daily. 10am - 4pm.

Adoration: Adoration before the Blessed Sacrament at 2pm, followed by the Rosary, every Tuesday.

Votive lights at Arnside: From 1st December there will be opportunities to attach names of deceased family members or friends to the votive lights after the Vigil Mass and during the week. These candles will be lit on Christmas morning and throughout the Masses of Christmas. All donations will be given to Lancaster and District Homeless Action Service.

Arnside Christians Together

Sunday 15th December. Carols round the crib on the promenade. 2.30pm.

Wednesday 18th December. Advent lunch. 12.30 – 13.45 MC.

Sunday 22nd December. Village Carol Service 4.00pm. MC.

Tuesday 24th December. Village Christingle Service. 6.00pm. SJ.

Tuesday 7th January. Rest & Restore. Prayer for healing and wholeness. 6.15 – 7.00pm. SJ.

Please pray for those of our parishes who are sick:

Geoff Critchley, Michael Carter, Pam Gee, Brian Mills, Eileen Parker, John Browne, David James, Angela Taylor, Philip Barry, Alan Wild, Pat Duckett, Monica Farnworth, Geoff Guy, Ira Fishman, Mary Wainwright, Bernard Walker, Alex Davies.

Please also pray for those whose anniversaries occur about this time.

MASS SERVICES AND INTENTIONS

THIRD SUNDAY of ADVENT (Gaudete Sunday)

Sat Vigil	14 Dec	5.30pm	Arnside	Special Intention (24/46)
Sun	15 Dec	9.00am	Grange	People of the Parish
Sun	15 Dec	10.30am	Milnthorpe	People of the Parish
Mon	16 Dec	10.00am	Grange	Tony Leonard RIP (45/24)
Tue	17 Dec	10.00am	Grange	Philip Kinsman (89/24)
Tue	17 Dec	6.00pm	Grange	Penitential Service
Wed	18 Dec	10.00am	Grange	Eucharistic Service
Wed	18 Dec	7.00pm	Grange	Advent Service of Light and Readings
Thurs	19 Dec	10.00am	Grange	Morning Prayer followed by Rosary
Thurs	19 Dec	10.00am	Arnside	Eucharistic Service
Fri	20 Dec	10.00am	Milnthorpe	Special Intention (24/47)
Fri	20 Dec	10.00am	Grange	Morning Prayer followed by Exposition

FOURTH SUNDAY of ADVENT (Year C)

Sat Vigil	21 Dec	5.30pm	Arnside	People of the Parish
Sun	22 Dec	9.00am	Grange	Pauline Riley RIP (Birthday)
Sun	22 Dec	10.30am	Milnthorpe	People of the Parish
Sun	22 Dec	3.00pm	Grange	Service of Carols and Readings

CHRISTMAS MASS TIMES 2024:

CHRISTMAS EVE:

Kendal 6pm; Sedbergh 6.30pm; Milnthorpe 7pm

CHRISTMAS DAY:

Grange 9am; Kirkby Lonsdale 9am; Kendal 11am; Arnside 11am

Kent Estuary Catholic Churches Parish Office (for all enquiries)
email: ctkollcc@gmail.com; tel: **015395 32731**

Clergy: Canon Hugh Pollock VG and Fr Simon Marley : Tel 015397 20063

Deacon: (Grange) Rev J Pryzlucki Tel 015395 58161

Deacon: (Kendal) Rev G Bissett Tel 015395 34142

Safeguarding Officers: Grange: Ralph Gerrard - Tel 015395 33189.

Milnthorpe & Arnside: Greg Tagney - Tel 01524 761557.

Church Hall Rental Enquiries:

St. Charles Borromeo, Grange - Diane Holmes - Phone: 07788 874123 Email:
dianejayholmes@gmail.com

Christ the King, Milnthorpe - Christine Atkinson - Phone: 015395 62326 Email:
nannanostairs@gmail.com.

Admin Office Hours: Tuesdays and Thursdays 9.30am – 12.30pm
Presbytery, St Charles & St Cuthbert RC Church, Kents Bank Road,
Grange over Sands LA11 7EY

Tel 015395 32731 email: ctkollcc@gmail.com

PASTORAL EMERGENCIES:

Contact Holy Trinity & St George RC Church, Kendal

Tel: 015397 20063